

# Sampada Udupi

Annual Report 2017-18

## Brief history and its beginning

SAMPADA UDUPI has been registered as a Trust on 07<sup>th</sup> June 2014 and came to existence from that day. Most Rev Dr. Gerald Isaac Lobo, Bishop of Udupi Diocese is its Managing Trustee; Rt. Rev Msgr. Baptist Menezes, the Vicar General of Udupi Diocese is its Deputy Managing Trustee; Very Rev Fr Stany B Lobo, dean of Milagress Cathedral is its Trustee and Rev Fr Reginald Pinto, Director Diocesan Social Development Organization is its Trustee and Executive Director. The registration as Trust was done at Udupi Registration Office and its registration number is (VIDE DOCUMENT NO.) UDP-IV-00072-2014-15. After Registration it had obtained other legal requirement as per the law of the Land. Hence SAMPADA UDUPI has its own.1. PAN CARD; 2. Tax Deduction Account Number (TAN); 3. Approval under section 80G (5) (iv) of the Income Tax Act, 1961; 4. Certificate under section 12A R/w Section 12AA (1) (b) (i) of the Income Tax Act, 1961 and 5. Opening of new Bank Account in Corporation Bank, Founders Branch, Udupi.

### TRUSTEES AND BOARD MEMBERS



**Most. Rev. Dr. Gerald Issac Lobo**  
Managing Trustee



**Rt Rev Msgr Baptist Menezes**  
Deputy Managing Trustee



**Fr Stany Lobo**  
Trustee



**Fr Reginald Pinto**  
Executive Trustee



**Shirthady William Pinto**  
Board Member



**John DSilva**  
Board Member



**Shanthi Pereira**  
Board Member



**Janet Barboza**  
Board Member



**Shaila DSouza**  
Board Member

## Executive Directors Message

***'It is not enough to be compassionate. You must act'. - Dalai Lama.***

Action begins with a desire. Naturally, heartfelt compassion leads to action. The vulnerable and disadvantaged in this world need more than pity—they need to see love, operate selflessly and sacrificially.

**SAMPADA UDUPI** started with a tiny seed of compassion and determination to do something for the welfare of the downtrodden. Even though the women of our community are educated, staying in a house with all facilities provided by their husband and children and well to-do in life; still they felt lacking satisfaction in life. They felt that their life should be not only inside the boundaries of the four walls of the house; but in the society. Knowledge imparted on them regarding their *constitutional Rights, Human Rights, Political rights* etc. made them grow fully and to become the part of the Society, County, its Local Governance etc. with that they start to save, earn for their family. Economically they became stable and independent. Then they look forward to *Society and Environment*. Looking at them men, youth and children of their family too, imbibed these values.

**SAMPADA UDUPI** started to walk with its tiny steps earlier with the women; now while finishing its **Fourth Year** is accompanying with youth, men and the whole family. Family ties are strengthened, neighborhood bonds are tightened, society, and development started. Nature was taken care through rainwater harvesting, planting and protecting sapling, growing vegetables, fruit trees and medicinal plants.

While stepping to our Fifth Year of existence we are planning to go step forward and recognize the people who helped us; together with it planning for the other needs of the family in particular, and the society at large.

**'And whoever wants to be first must be your slave – just as the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many. (Matthew 20:27-28).** As a follower of Jesus Christ the Son of Man, I and our organization will walk in the way *to serve and to give our life as a ransom for many.*

Finally, a word of thanks to the Trustees, Board members, Donors, our Patrons, staffs and all those who helped us to grow. We are grateful to you.

**Fr Reginald Pinto**  
**Executive Director**

## Activities

**1. 'Suraksha': Reduction of Life Style Diseases through Improved Health Status and Enhanced Quality of Life.** A project from **CARITAS INDIA**, started from 01 January 2018.

This project is about to improve quality of health and providing sanitation in Karnataka State; with the cluster of 14 societies/Trusts. The impact statement is ***'The health status of the targeted vulnerable population in the working area of the Diocesan Social Service Society (DSSS) is improved'***. Its expected outcome was: By the end of June 2019, the targeted vulnerable population will get health related services from 1,000 volunteers in the Diocesan Social Service Societies (DSSSs) in Karnataka. By the end of project period, partner organization move towards self-sustainability with the support of volunteer base. By the end of the project, 80% of the target households will have food sovereignty and thus their health status is improved.

This year we had only 3 months activities of the project. Handbills regarding health and hygiene were prepared on the topic and the Inauguration of the Project was done by releasing handbill on 06<sup>th</sup> March 2018. Handbills were distributed throughout the District. Training regarding health and sanitation was given to 76 members of 5 SHG.as a result at Bola, Karkala 15 families came together and cleaned their water resource.



## 2. Preservation of Earth

'Each community can take from the bounty of the earth whatever it needs for subsistence, but it also has the duty to protect the earth and to ensure its fruitfulness for coming generations'. Pope Francis in **Laudato Si**.

SAMPADA UDUPI initiated two programs to protect Environment:

**Rainwater Harvesting:** Rainwater harvesting, is a process that involves **collecting rainwater** and increasing its value by eliminating impurities or directing it to places where its use is highly required. Even though Udupi district has very high fall of rain, still during summer season there is scarcity of water. For this reason this program.

**Forestation Program:** This is to increase the greenery in the district. it is a program to plant and protect the saplings.

Year	2015-16	2016-17	2017-18
Articles about save earth published	04	03	04
Trainings conducted on Ecology	157	185	39
Number of sapling planted	-	-	2,685
Number of pits for rainwater harvesting (2x2x2 feet)	800	1,452	1,486
Number of check damns for rivulets	02	03	06
Number of tube wells/open wells recharged	-	01/0	24/276
Farm pond constructed by Government grant	-	-	05



### **3. Healthy food for healthy families:**

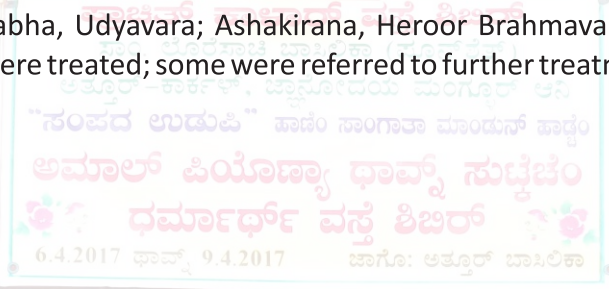
From the inception SAMPADA wanted healthy families; which grow their own possible food stock in a healthy way. So we introduced three family gardens that is Vegetable garden, Medicinal plants garden and Fruits garden. This became a useful tool to improve the food security of rural, urban and semi-urban families. In our District their number of families who had these garden increased year by year.

Year	2015-16	2016-17	2017- 18
Awareness articles about gardening	03	05	04
Articles about traditional Medication	03	12	03
Vegetable gardens	1,657	4,799	5,486
Fruit gardens	1,328	4,977	5,847
Medicinal gardens	1,757	4,967	5,216



#### 4. De-addiction Camps

The goal of a de-addiction camp is "to help [addicts] become clean, get employment, and lead a normal life," De-addiction camps are also a cheaper alternative to the programmes at de-addiction centres – allowing some addicts to receive help they otherwise never would have. We conducted de-addiction camps to help the patients to know about themselves, their state of life, so that to promote him to either go to de-addiction center or to be a member of Alcoholic Anonymous (AA) Groups. We conducted two de-addiction camps: first was at Attur Basilica Campus from 06<sup>th</sup> April to 09<sup>th</sup> April 2017, in collaboration With Jnanodaya Mangalore and St Lawrence Shrine. The second was at Udyavara on 21<sup>st</sup> to 24<sup>th</sup> March 2018 in collaboration with Jnanodaya Mangalore; Catholic Sabha, Udyavara; Ashakirana, Heroor Brahmavara. Total 56 sick people were treated; some were referred to further treatment.



### 5. House for homeless families.

SAMPADA is a charitable organization. Every year it takes an issue / cause, give awareness to the public, collect funds through donation coupon and then distribute it for the needy. This year we had the theme '**Housing needs of the poor**'. An amount of Rs 12,28,030/= was collected through donation / luckydip coupons. 28 families who were constructing new houses were given a help of Rs 8,75,000, and 17 families were given help of Rs 3,85,000 to repair their houses.

Type of help.	Year	2017-18	
To Repair the house	Families	17	
	Amount	3,85,000	
Construction of New House	Families	28	
	Amount	12,28,030	





## 6. Education for needy and deserving youth.

SAMPADA from its inception understood that the education of the youth/children is an important factor for the development of the families. For this reason it had started Education Fund and through it gives help to the children and youth to persuade their carrier. Kuwait Canara Welfare Association (KCWA) was our main donor; who had established **KCWA Education Fund to help the needy students**. Once or twice a year we invite all the beneficiaries for a day's motivation program.

Year		2015-16	2016-17	2017-18
<b>Education Fund help</b>	Students	87	96	30
	Amount	₹ 3,30,500	₹ 8,86,722	₹ 3,29,095
<b>EDUCARE loan availed</b> (we are the mediators)	Students	-	-	135
	Amount	-	-	₹ 58,97,000
<b>KCWA Loan availed</b>	Students	-	-	33
	Amount	-	-	₹ 5,13,000



## 7. Helping hand to the economically poor and needy (Charitable Activities)

SAMPADA as a charitable trust help the needy. The funds are collected from the donors and well-wishers.

Year		2015-16	2016-17	2017-18
Medical Fund	Patients	8	52	56
	Amount	₹ 67,500	₹ 9,02,500	₹ 7,96,500
Charity Fund	Families	39	28	28
	Amount	₹ 4,22,500	₹ 3,09,000	₹ 2,71,500

## 8. Helping people to avail Government schemes.

SAMPADA give importance to make aware, educate and empower people, mainly women to avail government schemes from Minority Department, Agriculture Department, Horticulture Department, etc. Below is the list, which shows the number of beneficiaries, who availed schemes through us.

Sl No.	Name of Schemes	Till 2017		In 2017-18	
		No of Beneficiaries	Amount in ₹	No of Beneficiaries	Amount in ₹
1.	Small scale business (Kiru Saala)	1,954	1,95,40,000	243	24,30,000
2.	Shramashakti Yojane	152	38,00,000	374	1,14,50,000
3.	Shadi Bhagya	18	9,00,000	7	3,50,000
4.	Ganga Kalyana Yojane	12	36,00,000	4	12,00,000
5.	Sandhya Suraksha	162	1,62,000	8	57,000
6.	Widow pension	117	1,17,000	18	1,08,000
7.	Aashraya Yojane	10	8,20,000	6	9,60,000
8.	Swatch Bharath Yojane	5	1,25,000	-	-
9.	MNREGA (Job cards)	68	-	28	-
10.	Kissan cards	85	-	35	-
11.	Agriculture equipment	-	-	2	45,934
12.	Bhagyalaxmi Yojane	-	-	2	2,00,000
13.	LED lights	-	-	56	6,720
14.	Disabled person pension	-	-	02	12,000



## 10. SAMPADA and SAMPADA SAMBHANDA:

In the month of August 2015, a two pages monthly bulletin in Konkani language was started to give information to the women in SHGs. It was named as '*Sampada Sambhanda*'. Thereafter, it was published in every month and sent to each and every SHG's through post. From June 2018 a Kannada version was started to cater non Konkani SHGs. This bulletin contains spiritual thoughts, celebrations of that month, rules and regulations of SHGs and Mahasangha's, small information regarding ecology, local herbal medicines, introducing the women achievers, information about Government schemes, family values, children and youth and their upbringing, etc.

### *Implementing Projects of other Organizations*

Canara Organization for Development and Peace (CODP) Mangalore, before the establishment of SAMPADA was working as a catholic development organization in the District of Udupi. When Mangalore diocese was divided, it handed over the projects of Udupi district to SAMPADA Udupi, to implement them in their name.

#### *1. Women Empowerment Project in Karkala Taluka:*

This was cluster program sponsored by Misereior and lead by KROSS Bangalore. One coordinator and 3 coordinators worked under this program. Karkala Taluka was covered under this project. This year received a grant of Rs 5,61,867 in this Project. We implemented this Project under CODP Mangalore.

Brief picture of activities are given below:

Activity/Year	2015-16		2016-17		2017-18	
	No	Participants	No	Participants	No	Participants
Various trainings	68	2,068	72	3,856	97	5,029
Health camps	3	352	7	1,057	2	181
Advocacy & lobby	2 cases		3 cases		6 cases	
New SHGs	100	1,298	19	247	1	12
Mahasangha's	-	-			8	275
Taluka federation	-	-			1	27

## 2. Women Empowerment Activities in Udupi District:

Udupi Diocesan Charitable Trust, Diocese of Udupi, is the project owner and was implemented by SAMPADA. Last 09 months (From 01<sup>st</sup> April 2017 to 30<sup>th</sup> June 2017) we conducted the activities of the project 'Empowerment of Women in Udupi District'. Fund received to implement project was 2,54,814/=

Activity / Year	2016-17	
	No	Participants
Formation of Federation	19	738
Orientation on Federation	35	723
Federation concept to SHGs	108	2,272
Book keeping training	17	352
Leadership, Role & responsibility of SHG leader	26	597
SHG concept to new SHGs	132	2,230



## **Words of Gratitude**

*"At times our own light goes out and is rekindled by a spark from another person. Each of us has cause to think with deep gratitude of those who have lighted the flame within us."* **- Albert Schweitzer**

We are grateful to the Diocese of Udupi; Bishop, Vicar General, all priests, religious and lay faithful for their help and cooperation. Special thanks to Udupi Diocesan Charitable Trust.

We are grateful to *Canara Organization for Development and Peace, (CODP) Mangalore* for helping if by giving us the project to implement in Udupi District. And also we are grateful to *Karnataka Regional Organization for Development and Peace (KROSS), Bangalore* for their guidance and support.

Big thanks to our Project sponsors – Manos Unidas, Misereior and others.

Thanks to our donors, collaborators, and all those who helped us.

Thank you.

**Fr Reginald Pinto**  
**Executive Director.**



**SAMPADA - UDUPI**  
**BISHOP'S HOUSE, UDUPI - 576101**  
**SCHEDULE TO BALANCE SHEET AS ON 31<sup>ST</sup> MARCH 2018**

Particulars	Sch	Balance as per Last year	Excess of Income over Expenditure	Received during the year	S.B and F.D Interest	Spent during the year	Transfer from various funds	Amount(₹)
<b>LIABILITIES</b>								
1. Capital Fund	1	2,09,085.55	2,77,664.55				85,791.50	5,72,541.60
2. Specified and Restricted Projects	2							
i) Sampada Charity Account		92,441.00		2,69,997.00	4,201.00	2,74,500.00		92,139.00
ii) Education Fund		11,29,397.00		75,000.00	84,220.00	1,06,973.00		11,81,644.00
iii) Medical Aid Fund		19,36,888.50		10,000.00	1,04,481.00	8,16,066.00		12,35,303.50
iv) Book Sale Account		63,219.00		18,684.00	1,935.00	37,030.00		26,808.00
v) Housing Fund		23,900.00		12,83,230.00	16,796.00	13,23,250.00		676.00
vi) KCWA Education Fund Account		1,000.00		27,55,000.00	1,01,107.00	5,23,357.00		23,33,750.00
vii) Social Security Fund		1,44,667.00		46,860.00	3,797.00	87,662.00		1,07,662.00
<b>Total</b>		<b>36,00,598.05</b>	<b>2,77,664.55</b>	<b>44,58,771.00</b>	<b>3,16,537.00</b>	<b>31,88,838.00</b>	<b>85,791.50</b>	<b>55,50,524.10</b>

Particulars	Sch	Amount(₹)
<b>ASSETS</b>		
<b>Current Assets :</b>		
Telephone Deposit	4	500.00
T.D.S. Receivable :		
A.Y. 2017-18		13,616.00
A.Y 2018-19		32,649.00
Accrued Interest :		1,45,588.00
<b>Total</b>		<b>1,92,353.00</b>

Per report of even date

For Rodrigues & D'Souza

Chartered Accountants

[Firm Registration No. 0032845]

Rudolph M C Rodrigues

Partner

[Membership No.025496]



Date: 04.07.2018

Place: Mangaluru

*[Signature]*  
Executive Director



**SAMPADA - UDUPI**  
**BISHOP'S HOUSE, UDUPI - 576101**  
**BALANCE SHEET AS ON 31<sup>ST</sup> MARCH 2018**

Particulars	Sch	Amount(₹)
<b>I. LIABILITIES</b>		
1. Capital Fund	1	5,72,541.60
2. Specified and Restricted Projects	2	49,77,982.50
<b>Total</b>		<b>55,50,524.10</b>

Expenditure	Sch	Amount(₹)
<b>II. ASSETS</b>		
1. Fixed Assets		1,15,649.00
2. Current Assets	4	1,92,353.00
3. Fixed Deposits		45,33,027.00
4. Cash and Bank Balances		7,09,495.10
<b>Total</b>		<b>55,50,524.10</b>

Per report of even date

For Rodrigues & D'Souza

Chartered Accountants

[Firm Registration No. 0032845]

Rudolph M C Rodrigues

Partner

[Membership No.025496]



Date: 04.07.2018

Place: Mangaluru

*[Signature]*  
Executive Director



**SAMPADA - UDUPI**  
**BISHOP'S HOUSE, UDUPI - 576101**  
**INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2018**

Income	Sch	F.C	General	Amount(₹)
Voluntary Contributions			1,96,760.00	1,96,760.00
SB Interest		2.00	6,545.00	6,547.00
FD Interest			1,78,237.00	1,78,237.00
Donation from SHG/Mahasangha			1,65,152.00	1,65,152.00
Donation			1,00,484.00	1,00,484.00
Donation from Social Development Commission			1,000.00	1,000.00
Contribution from Caritas India			2,50,000.00	2,50,000.00
<b>Total</b>		2.00	8,98,178.00	8,98,180.00

Expenditure	Sch	F.C	General	Amount(₹)
Salary			2,07,000.00	2,07,000.00
Activities and Celebrations			21,497.00	21,497.00
Postage and Courier Charges			23,167.00	23,167.00
Repairs and Maintenance			11,135.00	11,135.00
Newspaper and Periodicals			2,500.00	2,500.00
Printing and Stationery			34,033.00	34,033.00
Remuneration			56,450.00	56,450.00
Interest on TDS			660.00	660.00
Traveling & Conveyance			6,000.00	6,000.00
Animators Meeting Expenses			12,380.00	12,380.00
Bank Charges			26.55	26.55
Help Distributed to Mahasangha/SHG			7,000.00	7,000.00
Honorarium			1,84,500.00	1,84,500.00
Guest Visit Expenses			3,120.00	3,120.00
Audit Fees			11,530.00	11,530.00
Legal Charges			2,865.90	2,865.90
Deaddiction camp expenses			13,600.00	13,600.00
Telephone Charges			4,110.00	4,110.00
Depreciation			18,941.00	18,941.00
<b>Total</b>		0.00	6,20,515.45	6,20,515.45

<b>Excess of Income over Expenditure</b>				2,77,664.55
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Per report of even date

For Rodrigues & D'Souza

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[Firm Registration No. 0032845]

Rudolph M C Rodrigues

Partner

[Membership No.025496]



Date: 04.07.2018

Place: Mangaluru

*[Signature]*  
Executive Director



*We are grateful to:*



Udupi Diocese



KROSS



CODP



Manos Unidas  
Manos Unidas



Goretta Stichting



*The Joy of Service...*

Caritas India



MISEREOR



Catholic Stree Sangatan

